



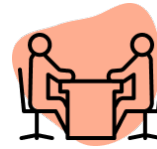
KIDS CAMP

Provides an opportunity for children (ages 8-16) with chronic kidney disease to experience a week away at camp with their healthy peers.



THE BIG ASK, THE BIG GIVE

Interactive workshops that educate and raise awareness about kidney donation, transplantation, and finding a living donor.



PEER MENTORS

Helps empower patients with kidney disease to move forward with their lives after being diagnosed with kidney disease.



SCHOLARSHIPS

People on dialysis or with a transplant can apply for a scholarship for community college or university.



EMERGENCY FUND

Provides a one-time help of up to \$200 for the urgent needs of people with kidney disease.



INFORMATION & SUPPORT

People with kidney disease and their families can call NKFM to talk to trained staff about living with kidney disease.

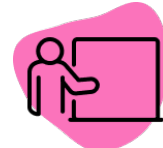


NATIONAL KIDNEY
FOUNDATION®

of Michigan

Programs and
Patient Services

www.nkfm.org
800-482-1455



INTERNSHIPS

Provides an internship with an NKFM office for people living with chronic kidney disease.

FIND US @KIDNEYSMI



ANNUAL FUNDRAISING EVENTS

Kidney Walk
Kidney Ball
Kidney Golf Classic
Champion of Hope

STATE OFFICE

1169 Oak Valley Drive
Ann Arbor, MI 48108
734-222-9800

BRANCH OFFICES

Detroit | 313-259-1574
Grand Rapids | 616-458-9520



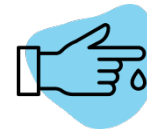
ENHANCE®FITNESS

Physical activity program for adults that is designed to improve functional fitness and wellbeing.



A MATTER OF BALANCE

Designed to reduce the fear of falling and increase the activity levels of older adults who have concerns about falls.



DIABETES

PREVENTION PROGRAM

Yearlong lifestyle change program that helps people with prediabetes eat healthy, become more physically active, and lose weight.



PE-NUT

Nutrition and physical education program used to motivate students, parents, and educators to be physically active and eat healthier within the K-5 grades.



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REGIE'S RAINBOW ADVENTURE®

Nutrition and physical activity classroom-based curriculum for preschool and early elementary-aged children.



COOKING MATTERS AT THE STORE (CMATS)

Free program of the No Kid Hungry campaign that empowers families to stretch their food budgets so their children get healthy meals at home.



PATH (Personal Action Toward Health)

Helps people better manage their long-term health conditions.

- General PATH
- Kidney PATH
- Chronic Pain PATH
- Diabetes PATH
- Hypertension Control



WALK WITH EASE

6-week physical activity program for adults 18 and older, that can reduce pain, and improve overall health by building up to 30 minute of walking at least three days a week.



GO NAPSACC: CHILD CARE ASSESSMENT

An intervention for early childhood education settings aimed at improving nutrition, physical activity environments, and practices.



WISEWOMAN

Cardiovascular and chronic disease risk factor screening and lifestyle health coaching program to address health equity for women ages 40-64.