



NATIONAL KIDNEY
FOUNDATION®
of Michigan

70
YEARS

ANNUAL REPORT

2024 - 2025

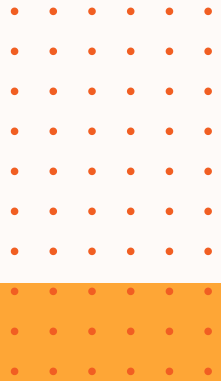
NKFM.ORG



ABOUT US

The National Kidney Foundation of Michigan's mission is to prevent kidney disease and improve the quality of life for those living with it.

In 2025, NKFM celebrates 70 years of inspiring people and empowering communities to create healthier, happier lives.



A MESSAGE FROM OUR CEO

The 2024–2025 fiscal year was a year of momentum for us. Together with our partners, we saw the power of collaboration to drive meaningful change. These accomplishments were made possible by the dedication of our staff, the commitment of our Board and volunteers, and the generosity of our donors and supporters.

As we look to the year ahead, I am inspired by what we have achieved together and confident in what is to come. By continuing to lead with our guiding principles - innovation, integrity, care, teamwork, and dedication - we will create a lasting impact for communities across Michigan.

LINDA SMITH-WHEELOCK
President and CEO

EXECUTIVE SUMMARY

The 2024–2025 fiscal year was a year of impact and innovation for the National Kidney Foundation of Michigan. We expanded awareness and uptake in kidney care and prevention, strengthened partnerships with communities and health systems, and advanced our evidence-based programs to reach even more children, families, and adults at risk for kidney disease.

Key milestones included the public launch of our Healthy Futures Endowment Campaign, the return of Kidneys on Track, and our key role in the Western Wayne Food Policy Council.

Our SNAP-Ed team was recognized as the top applicant by the Michigan Fitness Foundation and awarded for their work with the Go NAPSACC program. We also deepened our Health Systems Interventions work, partnering with Medicaid health plans, rural health clinics, and care providers across

Michigan to improve kidney health outcomes.

Our Board of Directors and Scientific Advisory Board provided outstanding guidance and support. We stood strong in our role as a public health leader, investing in healthier communities, advocating for policies that improve kidney health, and working with stakeholders across Michigan to create sustainable change.

Thanks to the dedication of our staff, the passion of our community champions, and the generosity of our donors and supporters, we are proud to report that our 70th year was one of growth, innovation, and progress. Together, we remain committed to preventing kidney disease and improving the quality of life for the thousands of Michiganders living with it.



THE PROBLEM

Chronic kidney disease (CKD) is permanent kidney damage or a decreased level of kidney function that continues for three months or more. When left untreated, CKD can lead to complete kidney failure. If that happens, the only options for survival are dialysis or a kidney transplant.



More than 65% of all kidney failure cases caused by diabetes and high blood pressure may have been prevented or delayed.



As of November 2025, there are more than 2,600 people are waiting for a life-saving kidney transplant in Michigan.



More than one million Michigan adults, or one in seven people, have chronic kidney disease and most don't know it.



While anyone at any age can develop CKD, older individuals, people with a family history of CKD, and underserved populations are at increased risk for developing chronic kidney disease.



Many adults with chronic kidney disease do not even know it – there are little or no symptoms in the early stages, people are not visiting their physicians, and many are not educated on the risk factors or the detection steps they should take.

HOW THE NKFM IS HELPING:

Supporting the Kidney Community

Our programs and services help people with kidney disease learn, receive services, and support their family members. Our services include internships, an emergency fund, a transplant education program, scholarships, phone support, and Kids Camp for youth affected by kidney disease.

Born with only one underdeveloped kidney, Erin Turner was diagnosed with chronic kidney disease before her first birthday. With her mom's support, she grew up active and healthy, even competing in gymnastics. In 2022, Erin received a life-changing kidney transplant and, shortly after, was awarded the Richard D. Swartz/Maurie Ferriter Scholarship.

Now a student at the University of Michigan, Erin studies biology, works at a veterinary clinic, plays in the Michigan Marching Band, and volunteers to support others living with kidney disease. She also served as a camp counselor at NKFM's Kids Camp, helping children facing challenges similar to her own.

Erin's journey shows that kidney disease doesn't define the future. Click or scan the QR code to read her full story.

Visit nkfm.org/resources-services to learn how NKFM is here to help.



kidneymi.org/erinturner

You might feel like your life is over when you're diagnosed, but there are people who care about you and resources out there, like the National Kidney Foundation of Michigan. You're not alone."

-Erin Turner



HOW THE NKFM IS HELPING:

Self-Management Programs that Drive Results

The NKFM offers evidence-based Self-Management Programs to empower people to take control of their health. Programs include High Blood Pressure Control, Personal Action Toward Health (PATH), Walk With Ease, and the Diabetes Prevention Program, among others.

After losing her husband of 40 years, Karen Sak moved into a senior community in Burton determined to stay healthy while managing type 2 diabetes. Through NKFM's High Blood Pressure Control and Kidney PATH workshops, she gained the tools and confidence to take charge of her health, receiving a blood pressure monitor, practical nutrition guidance, and daily habits that stuck.

Today, Karen proudly reports lower blood pressure, improved blood sugar, and renewed mobility, trading her walker for walking everywhere. "It doesn't matter what your age is," she says. "It's never too late to make changes. Just do it week by week."

Click or scan the QR code to read Karen's full story.

Visit nkfm.org/programs to view a full list of all self-management programs offered by the NKFM.



kidneymi.org/karensak

My doctor is so thrilled that I'm being proactive about my health. There are people here who are 100 years old — I want to be like them!"

-Karen Sak



HOW THE NKFM IS HELPING:

Promoting Health Across Generations



Family, Youth, and School Programs

Our innovative and creative childhood health education and behavior change programs educate and empower kids, families, and teachers to make healthy changes in their homes and schools.

"I'm so glad that you are teaching the kids about it [kidneys] and about eating healthy. I was so surprised that the kids knew what their kidneys do and how to take care of them! Thank you for doing what you do."

-Parent of student in SNAP-Ed programming

Community Health Programs

The NKFM fosters trusted connections, expands access to prevention and care, and strengthens healthier communities across Michigan through community health programming.

"Our team (Community Outreach) meets many people who are newly diagnosed with kidney disease, high blood pressure, diabetes, or prediabetes, and don't know where to start. We meet people where they are to provide real-time education and support."

-Theresa Tejada, Program Manager



HOW THE NKFM IS HELPING:

Building a Stronger Future, Honoring the Power of Generosity

Legacy Circle

The Legacy Circle honors individuals who have chosen to make a lasting impact through planned giving. Legacy Circle members have chosen to include the NKFM in their will or estate plans through bequests, beneficiary designations, or charitable trusts.

"I've seen the difference NKFM makes. Including them in my estate plans ensures that impact continues long after I'm gone."

-Legacy Circle Member

Champion Circle

The Champion Circle is a new giving society that recognizes our most dedicated supporters. Champion Circle members contribute \$5,000 or more annually, providing critical resources that allow NKFM to expand programs, reach more communities, and deliver life-changing services across the state.

"Being part of the NKFM community means knowing your contribution is creating healthier futures right here at home."

-Champion Circle Donor



RESULTS

Program Impact

3,330

adults participated in evidence-based programs designed to build healthier habits and manage chronic conditions

32,112

children and families engaged in our early childhood, youth, and school-based programs

624

patients and caregivers received direct services, guidance, or navigation support

Highlights & Achievements

77% of clinics participating in NKFM's quality improvement projects clinics demonstrated an improvement in CKD screening rates for high-risk patients, impacting **17,491** patients

775 adults screened for CKD at community events

12,375 individuals engaged at health fairs and community events

4 leaders trained to facilitate PATH and HBP Control

5,367 new email subscribers

\$3,600 raised through Facebook fundraisers

Events Recap

FOUR

Fundraising events:

- Kidney Ball
- Kidney Walk at the Detroit Zoo
- Kidneys on Track
- Golf Outing

143

sponsors

4,856

attendees

\$706,588

raised

TWO

Special events:

- Champion of Hope
- Legacy of Hope Champion Dinner

225

attendees

22

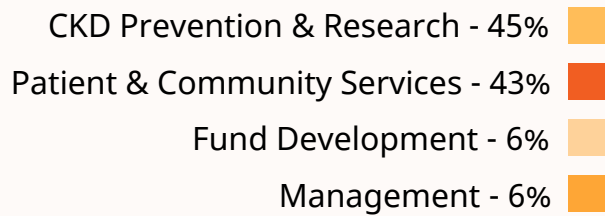
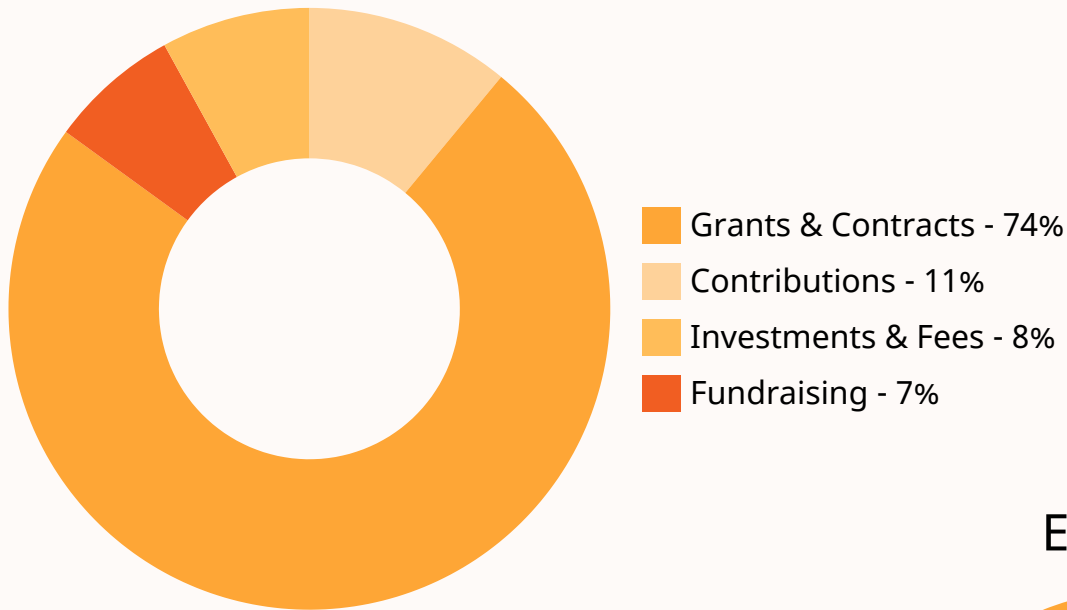
attendees



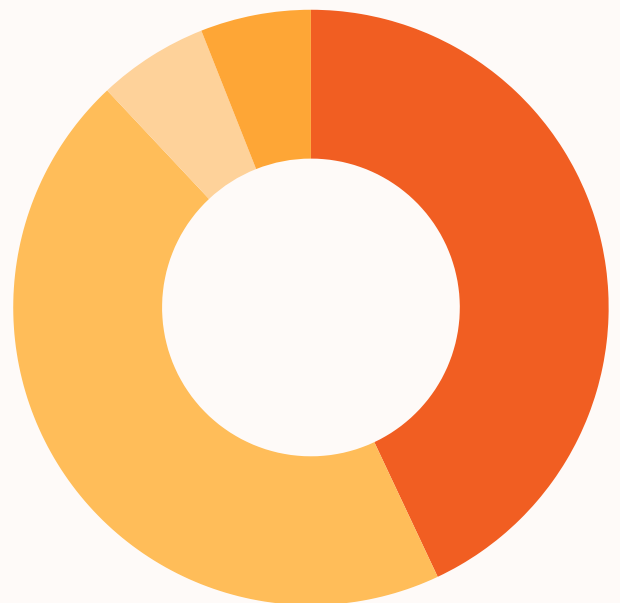
To view more photos of our impactful year, and to find out more, visit nkfm.org.

FINANCIALS

Revenue



Expenses



THANK YOU DONORS!

To view our donor list, please visit nkfm.org/donors.

RATINGS

The NKFM is proud to be consistently given high marks from the top charity evaluation organizations in the country. With 4 stars from Charity Navigator, a platinum rating from Candid, and meeting all 20 priorities for the Better Business Bureau, we're happy that our focus on transparency and outcomes is recognized among the best.



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