

Regie's Rainbow Adventure® Product Descriptions

Regie's Rainbow Adventure® Curriculum

This is our initial Regie Rainbow Adventure starter kit that will provide you with the tools you need to start teaching good nutrition! It will also provide you with the ability to login to the nkfm.org site to see additional Regie Rainbow Adventure supporting videos and materials.

Includes:

- Membership to special videos on the nkfm.org site
- Tote Bag
- Small Regie® Poster
- Regie® Intro Poster
- 10 Regie® Books
- Name Chart Poster with Stickers
- Fruit and Veggie Cards
- Regie® Puppet

Island of Smile Book

Regie meets a new friend, Tommy Tooth, who teaches Regie about the importance of oral hygiene and going to the dentist.

Counting Cash with Regie Book

Regie learns how to spend, save, and share his money, with the help of Frida Finance.

Superheroes Have Feelings Like You and Me Book

In Regie's latest adventure, Regie's friend, Oliver, has some big and confusing feelings. Regie thinks back to when he was a kid learning how to deal with his emotions. Together they learn that sometimes even superheroes need help, too.

Feeding with Love

Feeding with Love is a parent guide for grown-ups and children to learn together about healthy meal and snack time habits, for parents who want to help create a positive relationship with their children, and to help support parents in setting children on the right track to develop a healthy relationship with food and eating. The ideas in this book were developed by Dr. Ellyn Satter, who is a renowned researcher, family therapist, and dietitian. We hope this book can be a fun way to talk with your child about eating and give you ideas to try.