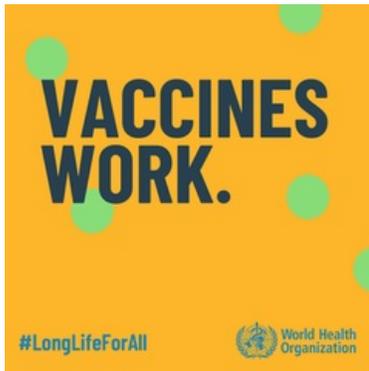




NATIONAL KIDNEY
FOUNDATION®

of Michigan

Welcome to the Spring 2022 edition of the “Kidney Chronicle” – A look inside the happenings of the National Kidney Foundation of Michigan.



World Immunization Week

We recently celebrated World Immunization Week – let’s celebrate the protection we get from vaccines.

No one should die from a preventable disease. When we think of the immunizations (also known as vaccines) that many of us received as children, we can’t help but to be thankful for their ability to prevent us from suffering from long term complications or dying from childhood diseases, such as polio or measles. These same vaccines are still protecting individuals, families and communities today. In fact, vaccines will protect

many for generations to come. A long life starts with access to vaccines.

Unfortunately, in 2020, 23 million children did not receive basic vaccines, leaving them at risk of vaccine-preventable illness.

Consider that vaccines have:

- Protected us for over two centuries
- Eradicated smallpox
- Drastically reduced polio cases in all but two countries, and the fight continues
- Prevented thousands of COVID-19 infections and limited the severity of thousands more
- Remained the most effective measure to prevent severe disease caused by the flu

Stay up to date on your vaccines. For more information, visit <https://www.cdc.gov/vaccines/>.

Spring Kidney Ball

On April 2nd, we held the first in-person Detroit Kidney Ball since November 2019 at MotorCity Casino Hotel. We raised \$410,331 – Including a night-of amount of approximately \$120,000 from the live, silent, and kids program auctions! Approximately 420 people attended and generously supported the NKFM. It was so meaningful with everyone back together and it created a special evening. Big thanks to all who came to support the event! The great thing is this year we get to do it twice, with the next Kidney Ball of the calendar year scheduled for Saturday, November 19th, once again at MotorCity Casino Hotel.



National Kidney Foundation of Michigan

Michigan Kidney Walk at the Detroit Zoo

You still have time to join us this Sunday, May 15th for the Michigan Kidney Walk at the Detroit Zoo! Online registration is open until Thursday, May 12th at 5 p.m. You can also register in-person at the Detroit Zoo beginning at 7 a.m. on the the 15th. Adults must fundraise \$50 to attend, children age 3 to 12 must fundraise \$15, and age 2 and under are free. Virtual walkers are encouraged to register, fundraise, and watch the live Opening Ceremony beginning at 8:15 a.m. on the NKFM Facebook and YouTube page. More information and registration at www.kidneywalk.org/detroitzoo.

Lions Club Recognition

On April 5th, leadership from several Lions Club districts and the NKFM held a video conference to celebrate the goals they have accomplished together. From 2019 through the present, the NKFM provided programs that helped the Lions of Michigan reach about 15,000 people statewide. Participants learned to prevent or live with diabetes through two programs, DAD (Defense Against Diabetes) and the DPP (Diabetes Prevention Program). Learn more [here](#).

Katja Hansen, Successfully Living with CKD

When you meet Katja Hansen, 47, from Michigan's Lenawee County, she appears vibrant and healthy. She leads a very healthy lifestyle despite also managing type 2 diabetes and chronic kidney disease (CKD). Her family physician in Germany, where she grew up, is not sure if she was born with it or if it developed when she was a child. The nephrologist who began caring for her later said that the simplest way to explain it is that her kidneys didn't develop correctly as she grew. Learn more about Katja [here](#).



NKF Konica Minolta Golf Classic

Join us for a great day of golf at the NKF Konica Minolta Golf Classic, Monday, July 25th at Barton Hills Country Club in Ann Arbor. The NKF Konica Minolta Golf Classic offers opportunities for competitive golfers to win the chance to play at the world renowned Pebble Beach Golf Club each January, while simultaneously offering non-competitive golfers the chance to play a great day of golf at a prestigious local course! Learn more and [register here](#).

Michigan's Health and Well-Being Assistance Programs

- Health Care Coverage
 - Healthy Michigan Plan
 - Medicaid
 - MICHild
- Food Assistance
- Cash Assistance
- Child Care
- Emergency Services

How to Apply



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