**Chronic Kidney Disease**

**Facts**

- **>1,000,000**
  
  More than a million Michigan adults have chronic kidney disease, and most don’t know it.

- Diabetes and high blood pressure cause more than 70% of all kidney failure cases in Michigan.

- >64%
  
  Over 64% of kidney failure cases caused by diabetes and/or high blood pressure could have been prevented or delayed.

- 1 in 3 American adults is at high risk for developing kidney disease. The risk increases to 1 in 2 over the course of a lifetime.

**People with an increased risk for chronic kidney disease include:**

- Individuals with diabetes
- Individuals with high blood pressure
- Minority groups, including African Americans, Hispanics, American Indians, Asians, Pacific Islanders, and Arab Americans
- Older individuals
- Individuals with a family history of kidney failure

**ABOUT YOUR KIDNEY FUNCTION**

Early detection and treatment can slow or prevent the progression of kidney disease.

By making healthy lifestyle choices and taking prescribed medicine, you can slow the progression of CKD.

Once your kidneys fail, you either have to have regular dialysis, in which a machine filters your blood like healthy kidneys would, or have a kidney transplant.

There are more than 2,070 people waiting for a lifesaving kidney transplant in Michigan.

Sources: National Kidney Foundation of Michigan, Centers for Disease Control and Prevention’s 2014 National Chronic Kidney Disease Fact Sheet, Gift of Life Michigan.