



NATIONAL KIDNEY  
FOUNDATION®

of Michigan

# Hispanics and Chronic Kidney Disease

## The Facts:

Hispanics have a higher risk of developing kidney disease.

Chronic kidney disease can cause kidney failure.

People with kidney failure need dialysis or a kidney transplant in order to live.

Hispanics are 1.3 times as likely as non-Hispanics/Latinos to develop kidney failure.

CKD is a risk factor for severe COVID-19 and COVID-19 can also affect the health of your kidneys.

## Risk Factors for CKD Include:

Diabetes

Family  
History

High Blood  
Pressure

Age 60 or  
older

Frequent  
NSAID use

Ethnicity

History of  
acute kidney  
injury

## Talk to Your Doctor and Get Tested:

- Kidney disease often has no symptoms. To find out if you're at risk, take the quiz at [kidneymi.org/kidneyquiz](https://www.kidneymi.org/kidneyquiz).
- Make sure a doctor checks your blood sugar and blood pressure regularly.
- Your doctor can also perform two tests to find out how your kidneys are working.
- The National Kidney Foundation of Michigan offers programs for people at high risk of kidney disease.



Visit [www.nkfm.org](https://www.nkfm.org) for more information.