

African Americans and Chronic Kidney Disease

of Michigan

The Facts:

African Americans have a higher risk of developing kidney disease.

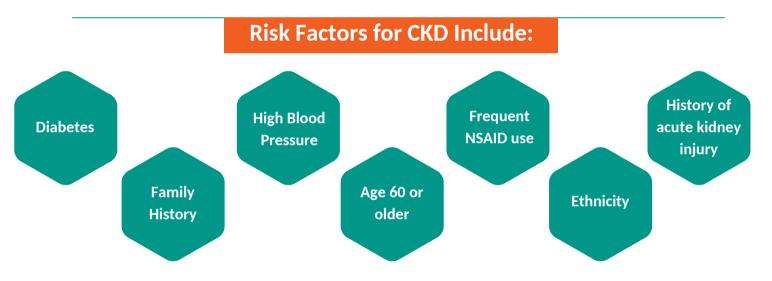
Chronic kidney disease can cause kidney failure.



People with kidney failure need dialysis or a kidney transplant in order to live.

About 13% of Michigan is African American. But about 35% of people with kidney failure are African American.

CKD is a risk factor for severe COVID-19 and COVID-19 can also affect the health of your kidneys.



Talk to Your Doctor and Get Tested:

- Kidney disease often has no symptoms. To find out if you're at risk, take the quiz at <u>kidneymi.org/kidneyquiz</u>.
- Make sure a doctor checks your blood sugar and blood pressure regularly.
- Your doctor can also perform two tests to find out how your kidneys are working.
- The National Kidney Foundation of Michigan offers programs for people at high risk of kidney disease.

